

SIZING INFORMATION

SIZE	LOWER FOREARM	MID BICEP	WEIGHT (LBS)	WEIGHT (KG)
X-SMALL	5 - 6.5	9.5 - 11.5	70 - 90	32 - 41
SMALL	5.5 - 7	10 - 12	90 - 140	41 - 63
MEDIUM	6.5 - 8	10.5 - 12.5	140 - 180	63 - 82
LARGE	7 - 8.5	10.5 - 13	180 - 220	82 - 100
Measurements in inches.				