

<b>ARM / ELBOW COVERS</b>	<b>S-M</b>	<b>M-L</b>	<b>L-XL</b>
Bicep circumference* (cm)	up to 30cm	30-35cm	over 35cm

<b>LEG / KNEE COVERS</b>	<b>S-M</b>	<b>M-L</b>	<b>L-XL</b>
Thigh circumference** (cm)	up to 52cm	52-60cm	over 60cm
Thigh circumference** (cm)	up to 57cm		over 57cm